



Girls to school: always!

Dit is het project van Stichting Kinderen van Uganda waarvoor de opbrengst van het goede doel van de BrinktotBrinkloop in 2014 is bestemd. Een project voor jongens en vooral meisjes. Want meisjes verzuimen vaak van school of haken helemaal af vanwege de menstruatie. Er is veel schaamte, het ontbreekt aan goed maandverband en de hygiënische omstandigheden op de meeste scholen zijn beroerd. Gezamenlijk is een plan gemaakt voor een breed voorlichtingsprogramma over puberteit, opgroeien en relaties. In het bijzonder is er aandacht voor de positie van meisjes. Ook is er veel aandacht voor hygiëne met een handenwasprogramma en het aanbrengen van wasvoorzieningen. De deelnemende twaalf scholen in de plattelandsregio Kibinge/Uganda hebben samen met het Health Centre Kibinge een programma ontwikkeld. Dat heeft tijd gevraagd om samen de doelen te bepalen – het zijn best gevoelige onderwerpen - en verantwoordelijkheid te nemen voor de uitvoering. Inmiddels is het plan klaar en kan de uitvoering in november 2015 starten met een kickoff-bijeenkomst voor alle teachers. In het onderstaande is het plan beschreven waaraan de twaalf scholen deelnemen. Op weg naar een schone en veilige school voor kinderen in Uganda. Door deelnemers aan de BrinktotBrinkloop is € 1.253,50 bijeengebracht. Een prachtig resultaat. Inmiddels zijn er nog meer acties gevoerd en Wilde Ganzen is bereid om deze opbrengsten met 50% te verhogen. Bij elkaar is de verwachting dat de benodigde € 8.559,00 wordt gehaald. Daarmee kan het programma volledig uitgevoerd gaan worden in de komende twaalf maanden. Hartelijk dank aan alle deelnemers van 2014 om dit mogelijk te maken!

Bestuur van Stichting Kinderen van Uganda

PROPOSAL FOR HOLDING WORKSHOPS AND SENSITIZING PUPILS AND PARENTS AMONG SHARING SCHOOLS TOGETHER WITH THE GENERAL COMMUNITY ABOUT GOOD HEALTH AND HYGIENE.

INTRODUCTION:

BACK GROUND INFORMATION:

Kinderen Van Uganda organization {KVU} embarked on community empowerment of Kibinge sub-county as a pilot sub-county to be duplicated to other sub-counties in Bukomansimbi district and other districts in Uganda.

Among different projects it supports to further empower community, the organization works with a network of twelve sharing schools that are community based. These were formed based on different religious affiliations and community parents foundations to extend training services to area residents.

These mainly accommodate less privileged children who come from poor families and from middle class earners.

To bridge the gap between modern urban schools with all the facilities, Kindren Van Uganda identified some schools through which they share in common terms.

The organization has initiated different programs which have partly improved the general status of formally less privileged schools as they work together.

Kinderen Van Uganda also cooperates with the local community other operating organizations and institutions in Kibinge to hasten its empowerment activities.

One of them is Buyoga health center three {III} also tries to save lives through providing medication facilities to the general community.

After realizing there was persistent increment in average number of children that fall sick per team among sharing schools due to poor health and hygiene, KVU had to seek for possible cooperation with the health center to set strategies of remedying the cause.

According to the research conducted by Buyoga health center three (3) together with Kinderen Van Uganda on site coordinator, 20% of girl (female) children, 10% of the male children in Kibinge sub-county drop out of school at all levels because of poor hygiene, physical changes that occurs as they grow, other changes like menstruation that cause them discomfort at all times without guidance of how to deal with it.

Research further revealed that 30% of grown up girl (Female) children among twelve sharing schools during menstruation periods do not come to school at all, 40% come but throughout lessons they are absent minded though physically present and do not follow their teachers and 10% come to school but miss lessons.

Generally 20% of the children among sharing schools fall sick in the course of the term because of eating without washing their hands fast which affects their performance at the end of the term.

Others as they miss some topics due to persistent sickness they hate some subjects, teachers because topics inter like with one another that culminates into school dropout as they get disgusted new theories.

10% of the male children also drop out of school at all levels due the physical changes as they grow.

Peer factor as children develop physical changes without proper career guidance were by they are taken up by others as they think they will have quick better life and end up in total mess of their life.

So generally stigma and discrimination for girl child more especially in their menstruation periods which brings them a feeling of loneliness, loss of hope, neglect, depression, isolation, self-rejection, self-isolation, self-

blame, self-hatred, anger, violence, withdrawal from public activities, feel unproductive, useless, and some for the first time start thinking about suicide.

Eighty five percent {85%} of grown up children among sharing schools go through one of these feelings.

This has inspired us to apply for a timely grant to enable us hold sensitization workshops for one year to remedy the problem cause.

Goal:

To improve health, hygiene of children among sharing schools, teachers, parents through conducting sensitization workshops.

Mission:

To reduce the number of school drop outs due to poor hygiene, lack of sensitization and training how to live in certain circumstances as they grow.

Objectives:

- ❖ To hold workshops sensitizing participants about maintaining hygiene through hand washing.
- ❖ To hold workshops sensitizing girl children among sharing schools how to deal with menstruation period and self-protection.
- ❖ Conduct workshops about physical changes that occurs as young ones grow up, how to behave themselves as girls and boys, how boys behave with girls and the meaning of respectful love as they grow up.
- ❖ To train pupils among sharing schools understand physical, cognitive, emotional and moral developments that develop as they grow through music and drama.
- ❖ To provide a better learning atmosphere for grown up girl child.

Project time frame:

The project will cover one {1} year done in three {3} phases {terms}.

Project activities:

- Establish hand wash system for pupils and teachers.
- Conduct six {6} workshops in the community house about proper hygiene and hand washing by medical personnel from Buyoga health center and KVVU sharing schools science teachers.
- Painting out twelve {12} wall talking murals to use as permanent teaching guides.
- Organize three work shops throughout the project period for girls, female teachers and women in charge of girl respective girl children.
- Organize a work shop in the community house about physical changes, behavior character of boys together with girls and meaning of respectful love for children in upper section.
- Train a team in educative drama to present to work shop participants in the community house in form of music and plays.

Project beneficiaries:

The project will benefit,

- ❖ Girl {Female} children among KVVU sharing schools and act as a pilot project to be duplicated in other schools throughout the district.
- ❖ Male children among sharing schools as a pilot project for other schools in the District.
- ❖ Teachers in the District.
- ❖ Respective sharing schools children parents.
- ❖ Local Government leaders as pilot project to extend to other schools throughout the district.

- ❖ Management and staff of Buyoga health center three to fulfill their goal of community outreach program.
- ❖ General community.

What project beneficiaries want to achieve in the course and at the end of the program:

- ❖ Girls to be in position to look after themselves more especially before, during and after menstruation period for good health.
- ❖ To have favorable atmosphere for girl child to interact with the rest even when they are in their menstruation period.
- ❖ To have all the children, teachers and respective parents among sharing schools wash their hands before eating or drinking anything.
- ❖ To improve the capacity of teachers among KVVU sharing schools to fully train children in good health and hygiene practices.
- ❖ Help children develop positive values by assisting them understand their situations and explore what they can do about their situations.
- ❖ Help children discuss sensitive topics.
- ❖ To make it clear to participants understand stigma and discrimination so that we create a stigma free environment.
- ❖ To bring together community health personnel with residents and create a platform for interaction.
- ❖ Improve counseling skills for teachers among sharing schools.
- ❖ To document research about how to maintain good health and hygiene to disseminate to other schools and institutions throughout the district.